

Our Mission: Promoting the Spiritual and Holistic Health of God's People - One Family at a Time.



Isaiah 61:1-2 (New Living Translation)

- ¹ The Spirit of the Sovereign Lord is upon me,
for the Lord has anointed me
to bring good news to the poor.
He has sent me to comfort the brokenhearted
and to proclaim that captives will be released
and prisoners will be freed.
- ² He has sent me to tell those who mourn
that the time of the Lord's favor has come,
and with it, the day of God's anger against their enemies.



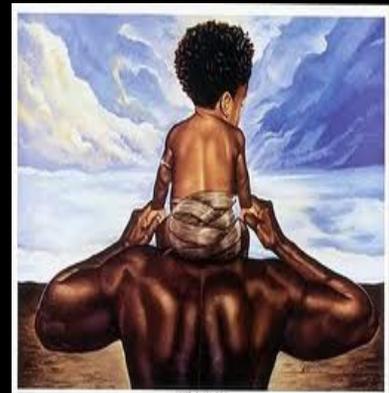
Freeing the Captives

Confronting the Crisis of Father Absence

By Delano Squires

September is one of the best months for sports fans. It represents the home stretch in professional baseball, as well as the beginning of a new season in professional football. One NFL pro who received some unwanted attention this summer is New York Jets cornerback Antonio Cromartie. He was pilloried in the national media after he was seemingly unable to name all eight of his children during the taping of a reality television sports documentary series. It was the fact that his children are from six different mothers (in five states), rather than his faulty memory, however, that garnered the most attention.

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Transitions

Rev. Cheryl Green has been a part of the In His Grip family since our inception. She has been this minister's sister, friend, confidant and prayer partner. Many in our ministry have benefitted from the wisdom of her words. Rev. Cheryl was diagnosed with Pancreatic Cancer over one year ago. She had what at the time was a successful surgery as it was caught early enough, so we were told. Rev. Cheryl has been sharing her journey with our readers, as she fights to fully recover that which was taken from her (her health). Here, she continues to share her candid story, allowing all to walk with her along her journey, through the rough side of **Believing** and **Trusting** God. We Continue with



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These Niggers

By FX Nozakhere

Dan Ryan, two-o'clock in the morning. I had to be doing about eighty miles per hour, shifting lanes carefully but swiftly, pushing my Altima to moderate race car status. I just want to get home, fast, I just dropped off my cute co-worker and when I get home I'm either going to go to sleep or do some work. Insomnia will have the final say. I hit the off ramp at 76th street. Just as I am riding up to street level on State out the corner of my eye I catch a huge white thing where there shouldn't be a huge white thing. I look and the huge white thing is a suv, it's bigger than usual because it's on it's side. It's not where it's supposed to be because it's on the sidewalk. Then I notice a bunch of people scattering around the vehicle.

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These Niggers

Bishop Eddie Long and the Church

By Rev. Sue

The world, it seems, is reeling with emotion and opinions as word of four young men accusing Bishop Eddie Long, pastor of New Birth Missionary Baptist Church in Atlanta, Georgia, of sexual indiscretion with them has been made public.

People want him to say he didn't do it, whatever "it" means, and they want this to all go away. It won't though.

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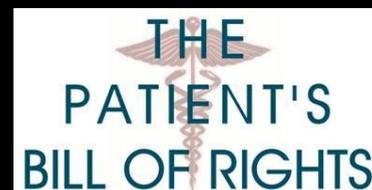
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Community Information



(Application info and deadlines)



President Obama's Patient Bill of Rights



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